



131st MAINE LEGISLATURE

FIRST REGULAR SESSION-2023

Legislative Document

No. 257

S.P. 123

In Senate, January 24, 2023

An Act to Provide for a Later Starting Time for High Schools

Reference to the Committee on Education and Cultural Affairs suggested and ordered printed.

A handwritten signature in black ink, appearing to read 'D M Grant'.

DAREK M. GRANT
Secretary of the Senate

Presented by Senator DAUGHTRY of Cumberland.
Cosponsored by Representative CLOUTIER of Lewiston and
Senator: BRENNER of Cumberland, Representatives: MILLETT of Cape Elizabeth, RIELLY
of Westbrook.

1 **Be it enacted by the People of the State of Maine as follows:**

2 **Sec. 1. 20-A MRS §4801, sub-§2-B** is enacted to read:

3 **2-B. Start time.** Beginning with the 2024-2025 school year, a school administrative
4 unit shall ensure that a secondary school in the unit does not start a school day before 8:30
5 a.m.

6 **SUMMARY**

7 This bill requires that, beginning with the 2024-2025 school year, each school
8 administrative unit ensure that its secondary schools' school days start no earlier than 8:30
9 a.m.