

Office of Behavioral Health Legislative Orientation

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1. OBH Mission, Vision & Role



Single State Agency (SSA) for SUD and MH



Federally designated State Opioid Treatment Authority (SOTA)



Behavioral Health Service Delivery Oversight, Quality & Accountability



Behavioral Health Policy & Rulemaking



Consent Decree Monitoring



Rights Protection & Advocacy



Medicaid Covered Services for Uninsured



Non-Medicaid covered Behavioral Health Services

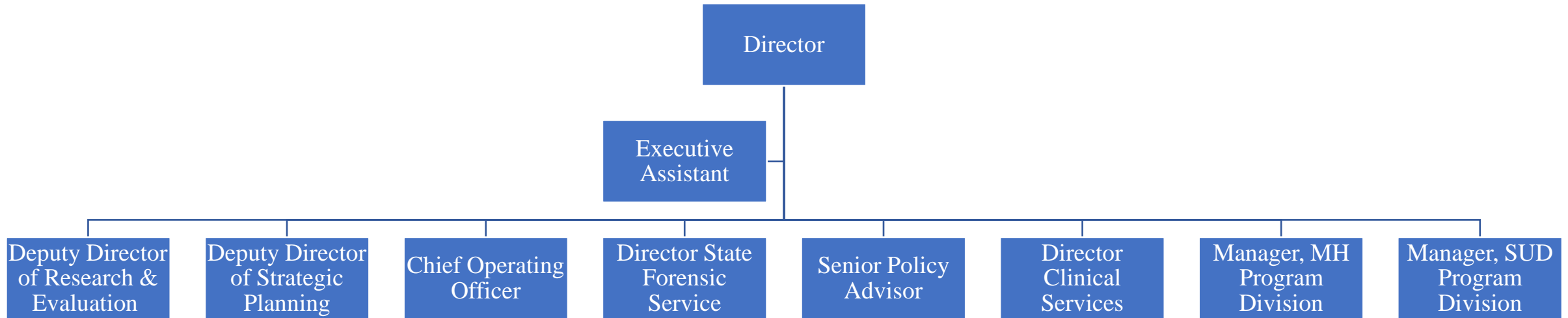
Mission

OBH is committed to supporting a complete and coordinated behavioral health continuum of care that serves the whole person, the whole community

Vision

Ensure that all Maine residents with mental health challenges, substance use disorders, and co-occurring disorders are not simply managing symptoms, but are living independent lives of dignity, hope, and meaning

2. OBH Organization: Chart



2. OBH Organization: Core Supports

Data & Evaluation

The Data Team is responsible for data collection, analysis, and reporting to ensure programmatic quality, provider accountability, and compliance with federal funding requirements. The Data Team also supports data initiatives and research related to behavioral health system of care utilization and overdose prevention and response.

- **Data & Evaluation Activities**
 - Consent Decree standards & compliance
 - Federally mandated behavioral health data collection & reporting
 - Behavioral health program evaluation and performance measurement
 - Integrated Crisis System of Care Data Dashboard
- **Overdose Prevention & Response Activities**
 - Prescription Drug Monitoring Program (PMP)
 - Maine Drug Data Hub
 - ODMAP Geospatial Overdose Spike Alert System
 - Recovery Data Platform

Contracts, Finance & Grants

OBH has a dedicated contracts, finance, and grants team that support the administration, oversight, compliance, and monitoring of over 300 unique behavioral health contracts. In addition to procurement, the team is responsible for the support and oversight of internal budget, grant, and financial activities across OBH.

3. OBH Programs & Services



3. OBH Programs and Services Overview

Mental Health Services

The Mental Services team provides oversight and coordination of services across the following areas:

- **Residential Services & Crisis Services**
 - Coordination of access to all licensed MH residential programs
 - Monitor contract compliance and performance metrics
 - Support clinical consultation and support of Residential program providers
 - Development and implementation of crisis system reform
- **Community Based Services**
 - Assertive Community Treatment (ACT), Community Integration (CI), Daily Living Skills (DLSS), Community Rehabilitation Services, Medication Management
 - Fidelity monitoring and contract, performance metric oversight
- **Specialized Services**
 - Coordinated Specialty Care, Early Intervention & Veterans Case Management



- 24 residential providers with 124 houses and a total of 792 beds
- OBH contracts with 51 providers for uninsured Mainers

3. OBH Programs and Services Overview

Substance Use Services & Opioid Response

The Substance Use Services team provides oversight and coordination of the following substance use services including the monitoring of contract compliance and performance metrics, in addition to providing support and clinical consultation to providers.

- **Community Based Services & Programs**
 - Residential & Medically Supervised Withdrawal ('Detox'),
 - Medication Assisted Treatment (MAT)
 - Buprenorphine, Methadone, Low Barrier (Bridge)
 - Intensive Outpatient Programs
 - Naloxone Distribution
 - Contingency Management Programs
 - OPTIONS (Liaisons and Media Campaign)
 - DEEP
 - Maine SUD Learning Community
- **Criminal Justice Services & Programs**
 - Treatment & Recovery Courts & Pre-Trial Services
 - MAT in jail settings
 - OTP collaboration to support individuals in jails

3. OBH Programs and Services Overview


Housing Programs & Services

The Housing Services team provides oversight of over \$22M in federal and state funding to support housing for individuals with complex behavioral health needs.

- **Bridging Rental Assistance Program (BRAP)** - Rental assistance program designed to assist individuals with Serious Mental Illness and/or Co-Occurring Substance Use Disorders with Transitional Housing
- **Shelter Plus Care** - Permanent Supportive Housing program for persons with disabilities; provides rental assistance paired with Supportive Services to help previously homeless individuals and families achieve housing stability.
- **Rental Subsidies** – Provides 30% Project-Based Rental Assistance Program for Section 17 eligible individuals

Housing & Outreach Programs

- **Project for Assistance in Transition from Homelessness (PATH)** – Serves as Maine’s primary outreach program for people with serious mental illness experiencing homelessness
- **Homeless Opioid User Service Engagement (HOUSE) pilot** – Provides rapid access to low-barrier treatment for SUD, stable housing, and comprehensive healthcare services
- **Florence House** – Services to support stable housing for formerly chronically homeless women
- **McAuley House** - Provides comprehensive transitional housing for women with and without children who are in recovery from substance use disorder



No BRAP Waitlist for
funding in 2023
83% Housed
43% Housed within 1 month

3. OBH Programs and Services Overview

Recovery and Peer Services

The Recovery and Peer Services team provides oversight and coordination of a statewide network of recovery and peer services across the state; including the oversight and monitoring of provider contracts and performance metrics. Recovery and Peer services are key component of Maine Opioid Overdose Response.

- **Recovery Services and Programs**

- Recovery Coaches Training - Almost 400 individuals participated in Recovery Coach trainings in 2022
- Recovery Coaches in Emergency Departments – 197 individuals served in 2022
- Recovery Community Centers – 17 Centers supported by OBH
- Recovery Residence Certification, Training, and Technical Assistance – 68 Certified Houses – 12 new houses in 2022

- **Peer Services and Programs**

- Peers in Emergency Departments – 888 individuals served in 2022
- MH Peer Centers – 10 Centers
- Intentional Peer support Warm Line – 26,515 calls in 2022
- Certified Intentional Peer Support training – OBH Peer Training Team delivered training to 431 participants working toward Certification in Intentional Peer Support

3. OBH Programs and Services Overview

State Forensic Service

The State Forensic Service (SFS) oversees and conducts court-ordered mental health evaluations of adults and youth.

- **Evaluation and Consultation:** SFS employs and contracts with psychologists and psychiatrists across the state to complete a variety of referral questions. SFS staff provide clinical consultation and administrative support to contracted examiners, as well as consultation to judges, attorneys, and hospital staff, among others.
- **Training:** SFS has partnered with the University of Maine to offer a one-year postdoctoral fellowship for individuals to specialize in forensic mental health assessment. SFS also hosts regular Continuing Education workshops pertaining to forensic assessment, and SFS staff lead continuing education sessions for other professionals in the mental health and legal systems.

Justice & Health

The Justice and Health teams provide Intensive Case Management and supportive re-entry services to individuals who are transitioning out of correction facilities and back to the community. The team also oversees the Close Supervision Residential program.

- **Intensive Case Management (ICM):** The ICM program provides intensive case management and supportive re-entry services to individual with severe and persistent mental illness and co-occurring disorders who are transitioning our correction facilities and back to the community.
- **Close Supervision Residential Program:** The program is a 10 bed, Level 4 close supervision PNMI to house pre-trial defendants with mental illness. The program is designed to provide treatment and supervision in the least restrictive setting and reduce unnecessary use of inpatient psychiatric beds

3. OBH Programs and Services Overview

Supported Employment

OBH oversees and coordinates Employment services and programs across the state for individuals with behavioral health conditions.

- **Behavioral Health Community Employment Services** – support individuals to improve employment-related skills and obtain and maintain competitive, integrated employment.
- **Long Term Supported Employment** - ongoing job coaching support needed to keep a job.
- **Mental Health Psychosocial Clubhouse** – 6 accredited clubhouses in Maine (35% employment rate)
- **Collaboration with DOL/BRS and DHHS/OADS and OCFS** to provide expanded Benefits Counseling Services.

Workforce Development

OBH has several workforce development projects and initiatives to support and advance a robust, well-trained behavioral health workforce.

Certification Programs and Pathways

- Training and certification programs for MHRT I, MHRT/C and MHRT/CSP
- Intentional Peer Specialist training and certification program
- Recovery Coach Training
- **Conferences, Trainings and Monitoring** supporting professional development , increased skill and knowledge
- **Collaboration with DOL, DOE and DHHS/OADS and OCFS** to support training and certification of employment services workforce

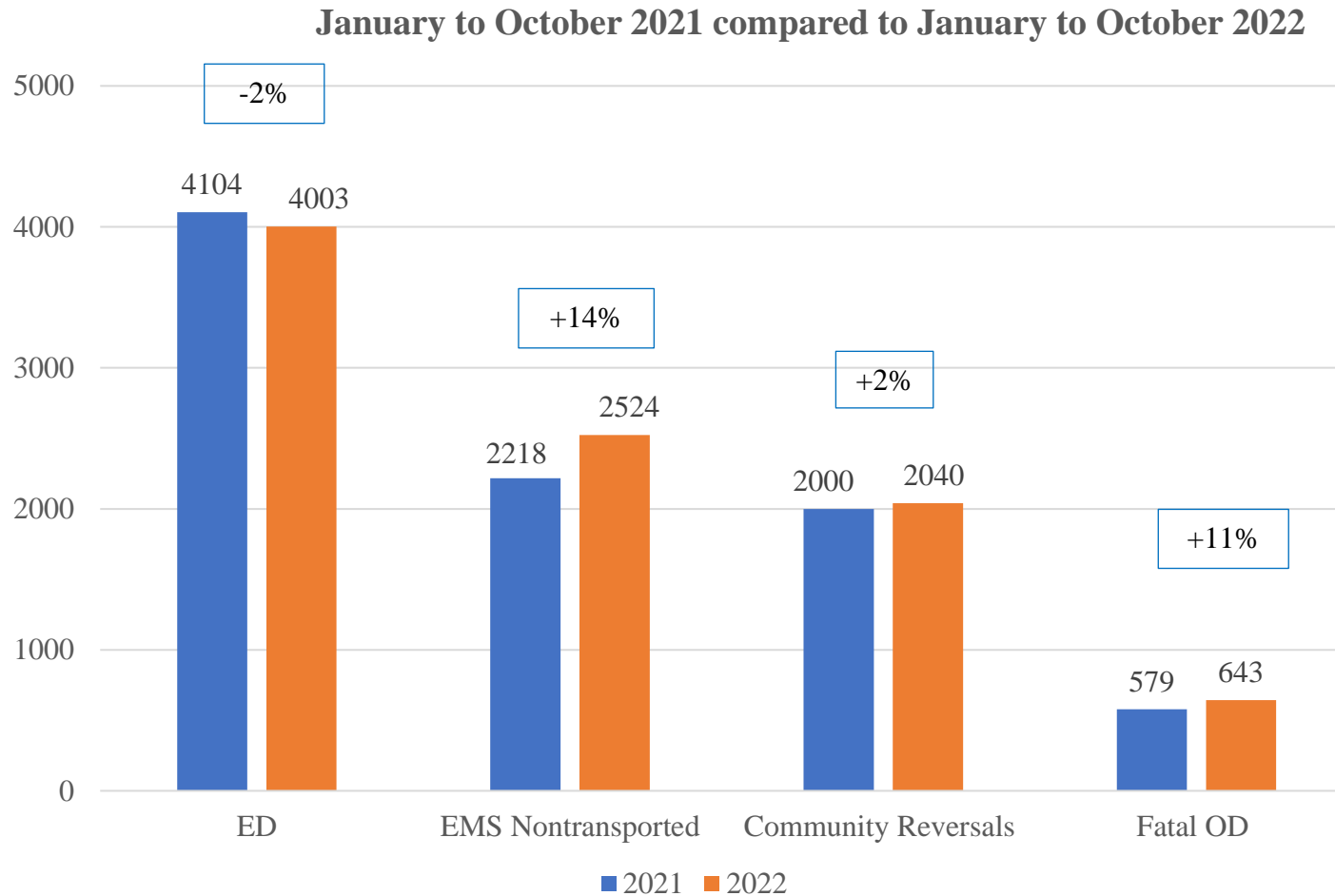
4. Priorities & Initiatives – Opioid Response

Maine's Opioid Response

OBH works closely with the Maine Director of Opioid Response to address and respond to the epidemic of substance use disorder (SUD) and opioid use disorder (OUD) with evidence-based strategies that are targeted for maximum impact in Maine. This work is aligned with the Opioid Response Strategic Action Plan focused on Prevention, Harm Reduction, Treatment and Recovery.

- **Prevention**
 - OBH partners with OCFS, CDC and DOE on statewide prevention efforts
- **Harm Reduction**
 - Expansion of Naloxone Distribution
 - Options Liaisons and Options Media Campaign
 - Increased syringe services programs
- **Treatment**
 - Expansion of Substance Use Residential Treatment and Medically Supervised Withdrawal capacity
 - Increase Buprenorphine and X Waivered Providers and Opioid Treatment Programs (OTP's)
 - Medication for OUD in Correctional Facilities and Jails
- **Recovery**
 - Recruitment and training of over 1,000 recovery coaches
 - Year over year growth of Recovery Community Centers and Certified Recovery Residences

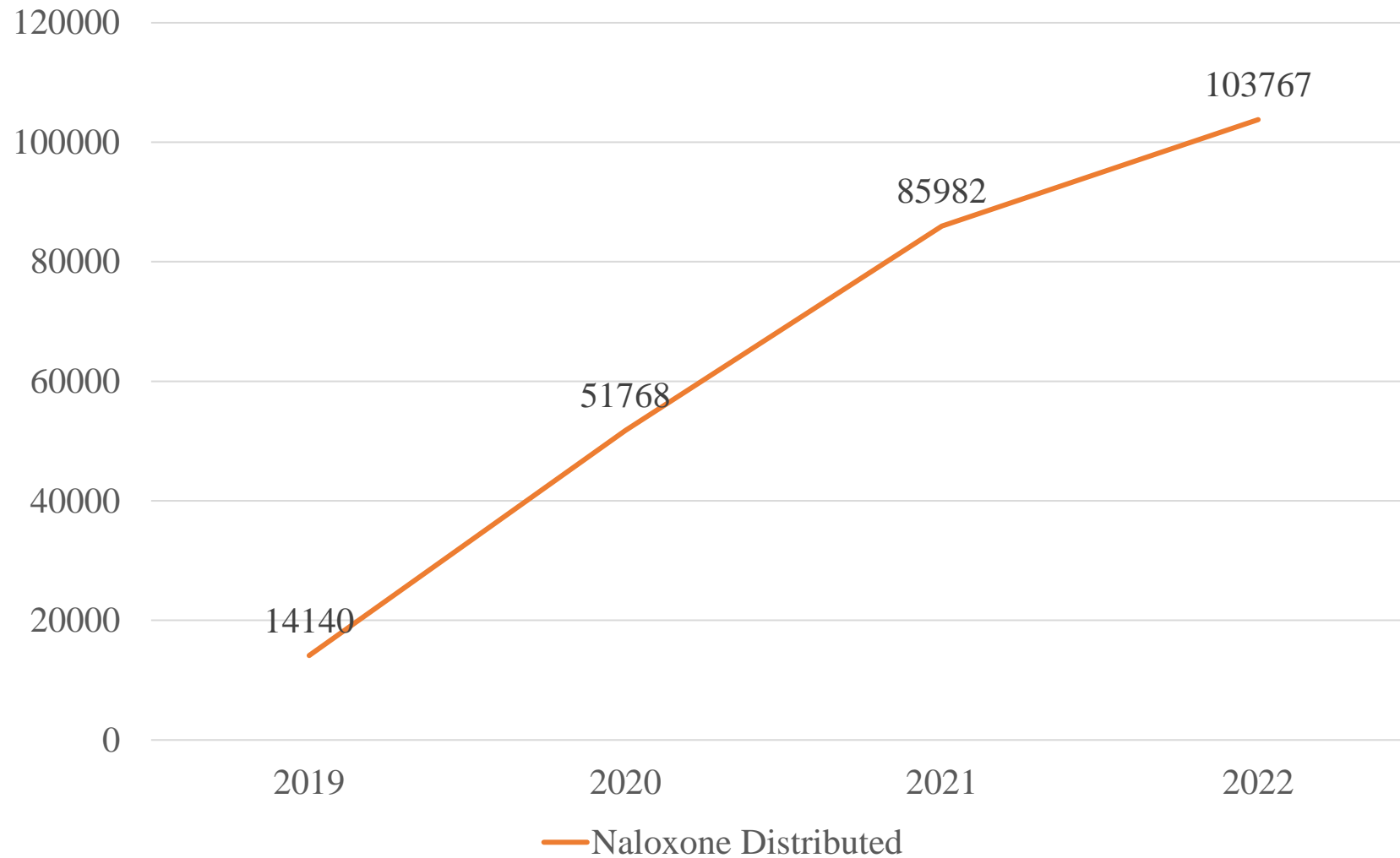
SUD Overdose Trends



Fatal ODs Increased from 579-643, an increase in 11.05%

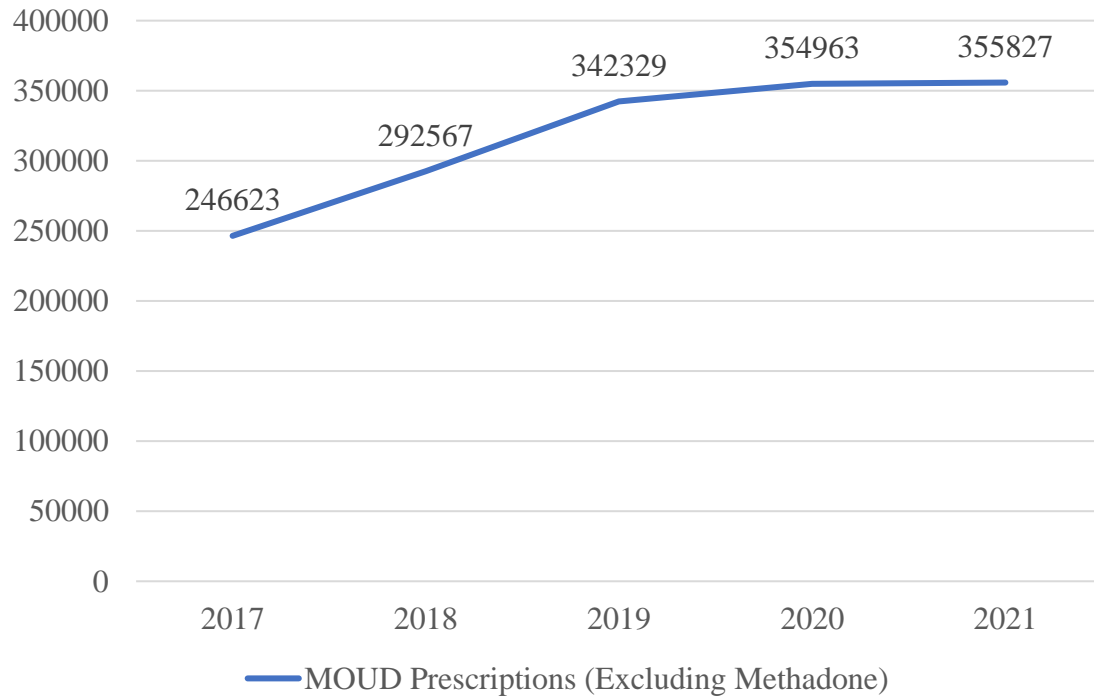
Community Reversals increased from 2000 – 2040, an increase of 2%

Naloxone Distribution Trend



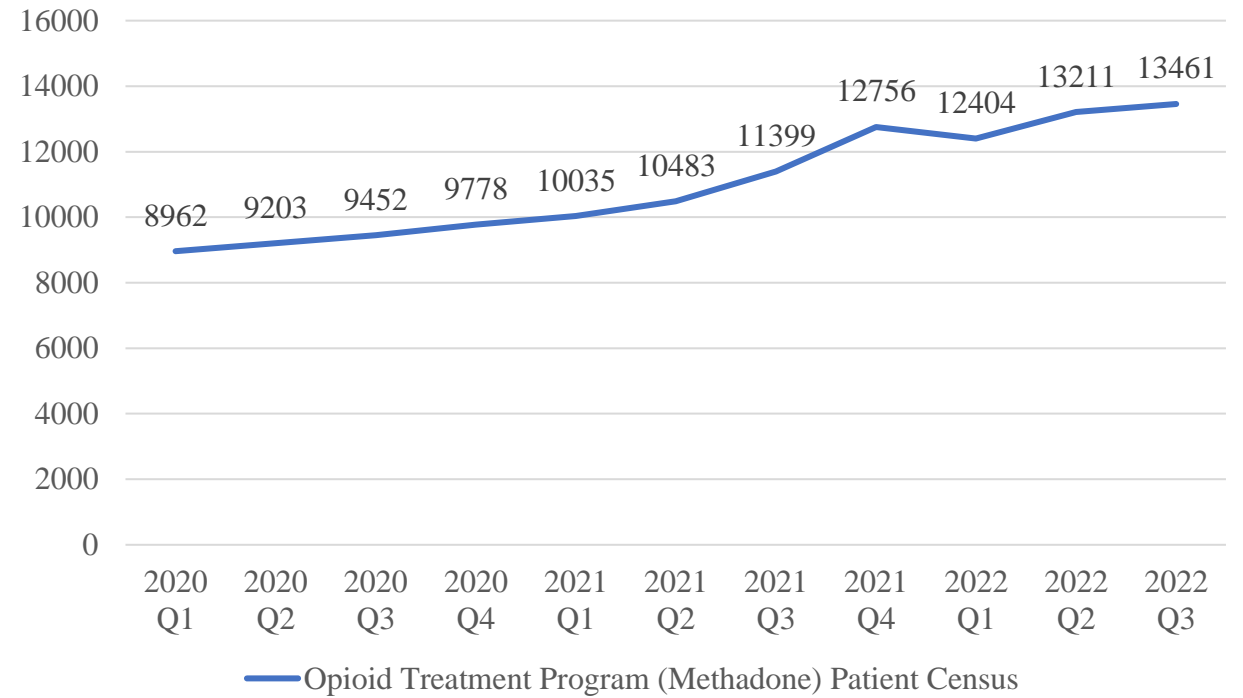
SUD Treatment and Capacity

MOUD Prescriptions (Excluding Methadone)



Source: OBH/PMP

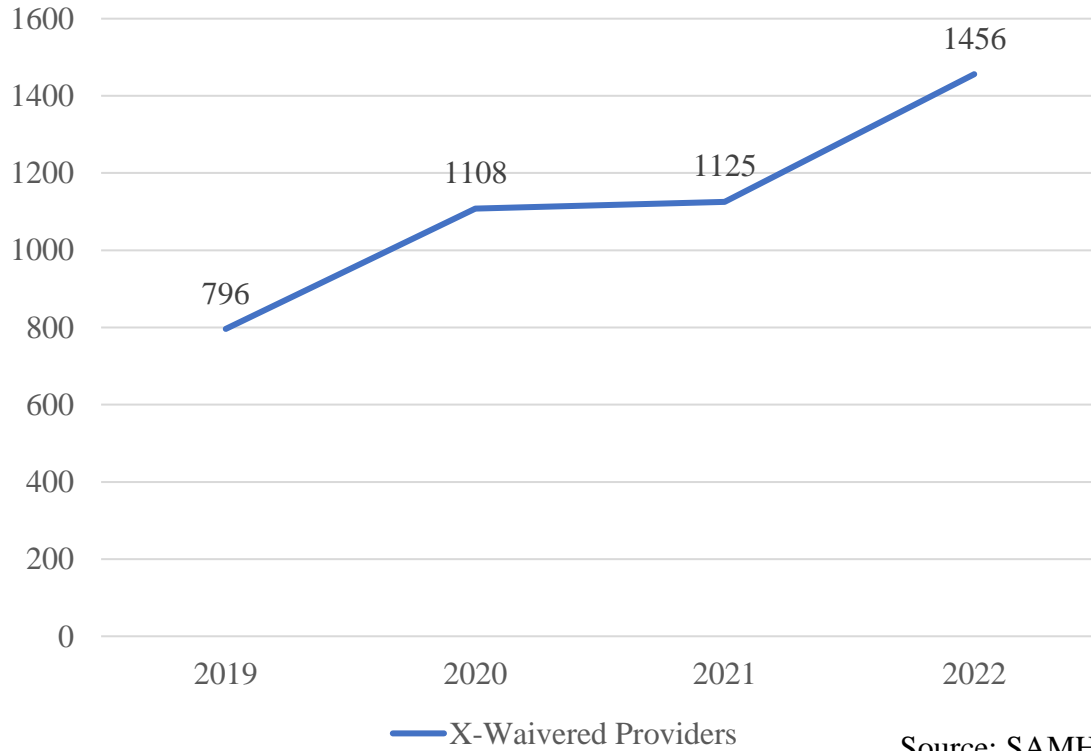
Opioid Treatment Program (Methadone) Patient Census



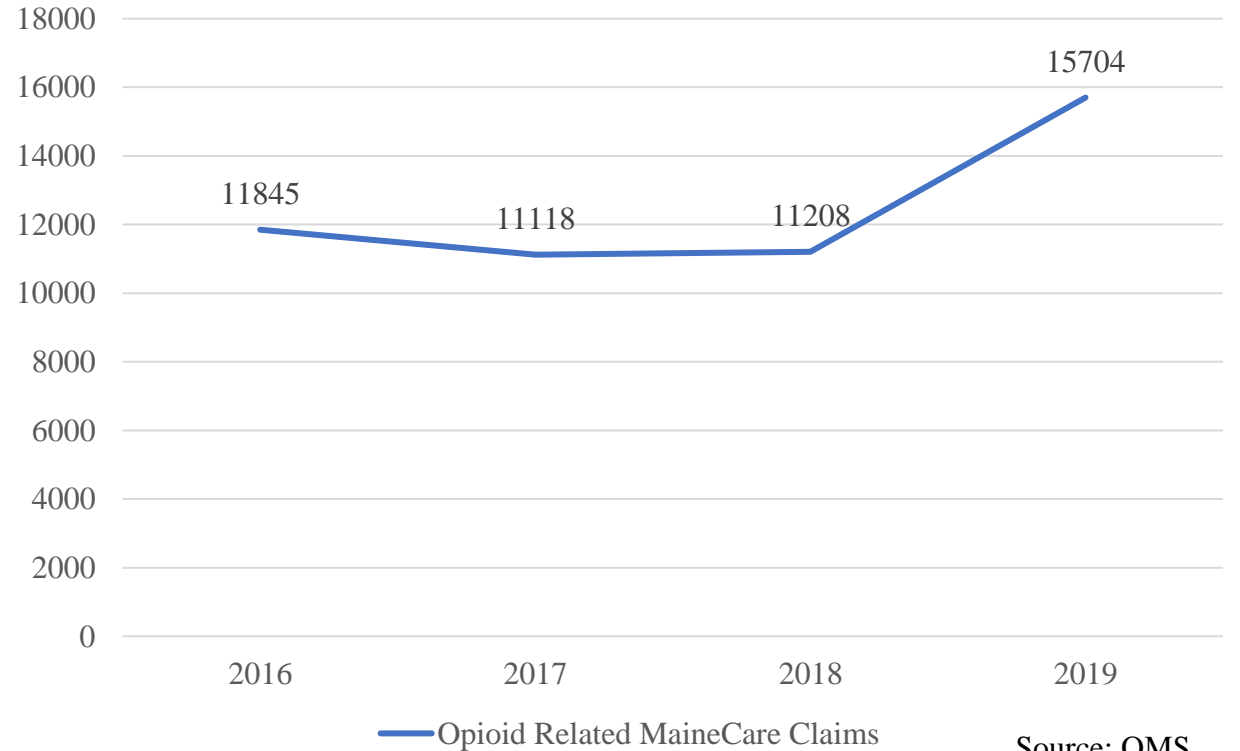
Source: OBH

SUD Providers and MaineCare Claims

X-Waivered Providers

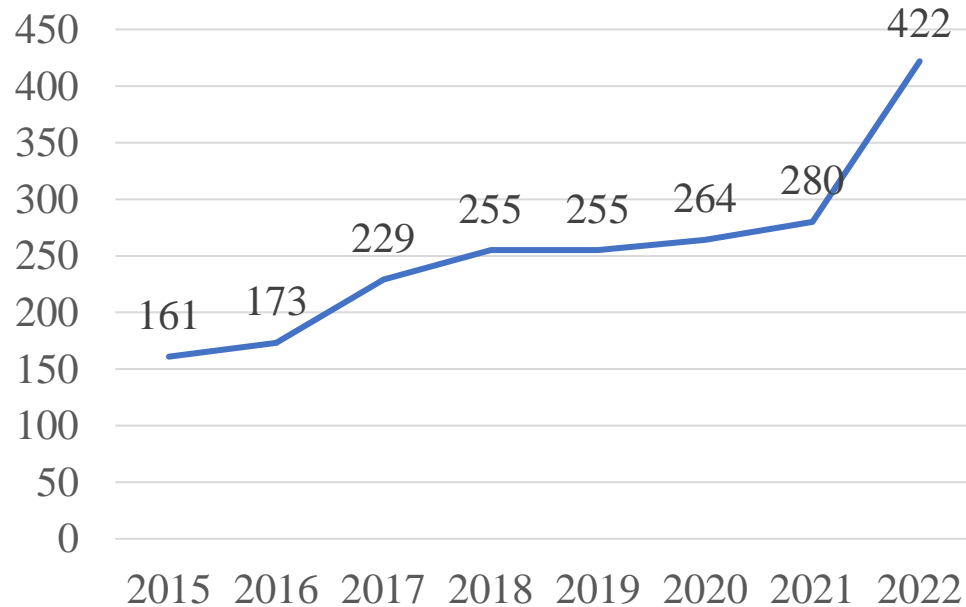


Opioid Related MaineCare Claims



SUD Residential Treatment Capacity

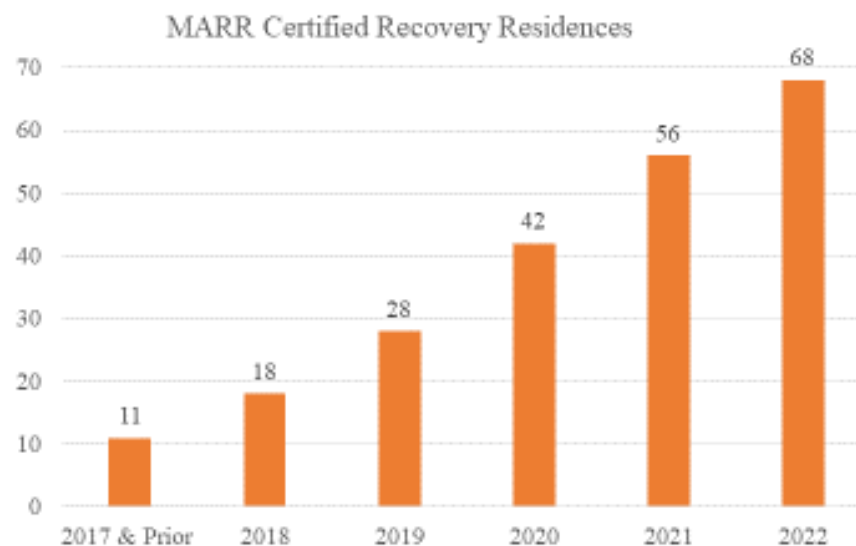
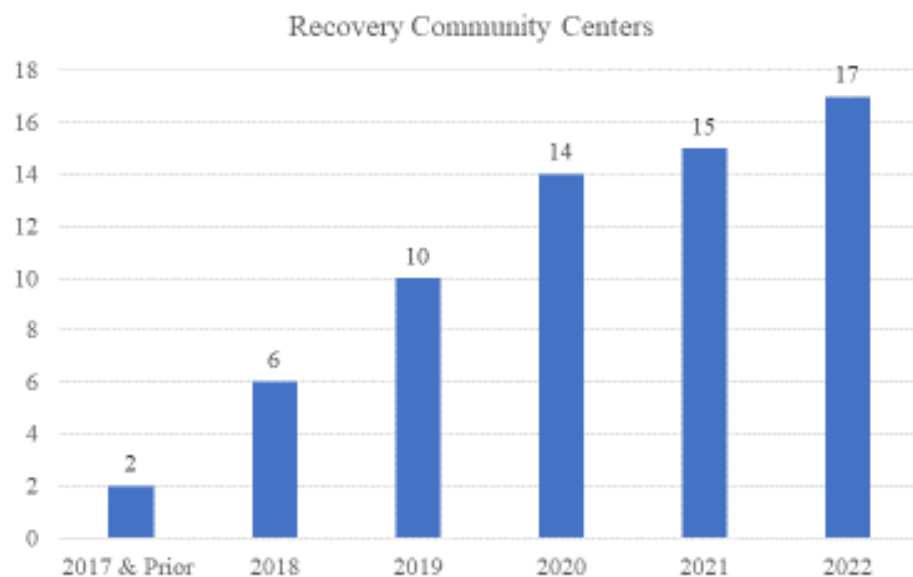
SUD Residential Bed Capacity Trends



SUD RFA Capital and Catalyst Funds

- **Capital Funds RFA**
 - \$3.5M
 - 6 Providers
 - Estimated new beds: 74
- **Catalyst Funds RFA**
 - \$1.9M
 - 4 Providers
 - Funds to support staffing, training, equipment

Recovery Services and Supports Capacity



4. Priorities & Initiatives – Maine Crisis System Continuum



Someone to Call



Someone to Respond



Somewhere to Go

Maine Crisis Line / 988

Intentional Peer Support
Warmline

District Mobile Crisis
Response Teams

Crisis Receiving &
Stabilization: Cumberland
County Receiving Center

Crisis Residential

Peer Support

Stakeholder Engagement

Data & Evaluation



Someone to Call

Crisis Service Snapshot: 2020-2022

MCL/988 and Intentional Peer Support Warmline

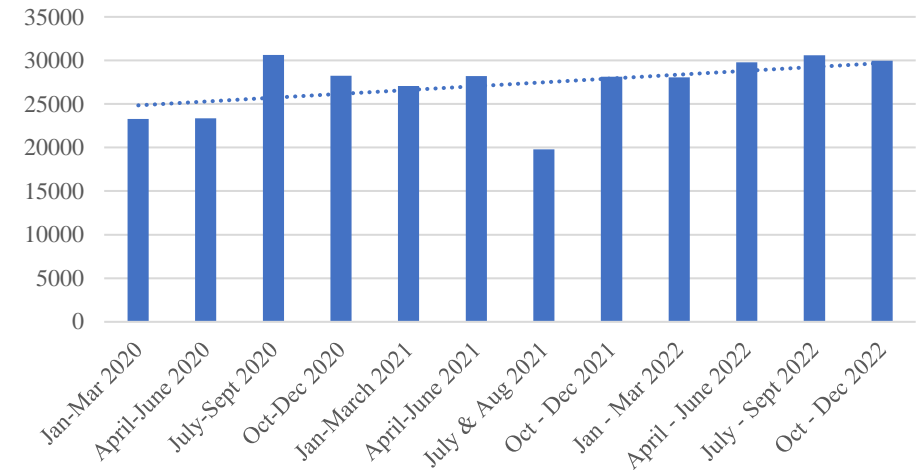
Maine Crisis Line/988

- Maine Crisis Line (MCL) is the state’s centralized crisis hotline (phone/text/chat), operating 24/7/365 to provide free, confidential counseling for anyone in behavioral health crisis.
- As of July 2022, the National Suicide Prevention Hotline can be reached via call/chat/text to 988. All 988 callers with (207) area code are transferred to MCL.
- Total 2022 MCL contacts (call/chat/text): 118,435
- December 2022 telephone answer rate: 95%

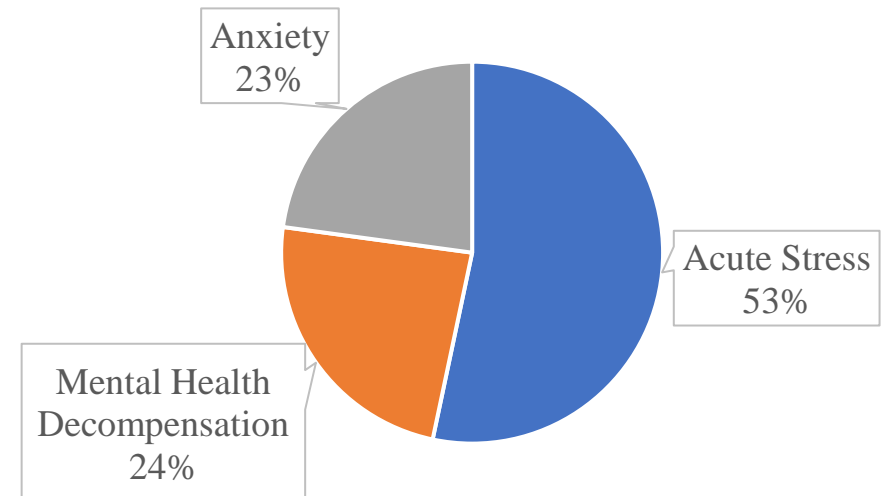
Intentional Peer Support Warmline

- The Intentional Peer Support Warmline provides free, 24/7, confidential peer-to-peer phone support for adults, aged 18+.
- Total 2022 calls: 26,515

MCL Monthly Call Volume (includes 988)



Top 3 Reasons for Call to MCL





Someone to Respond

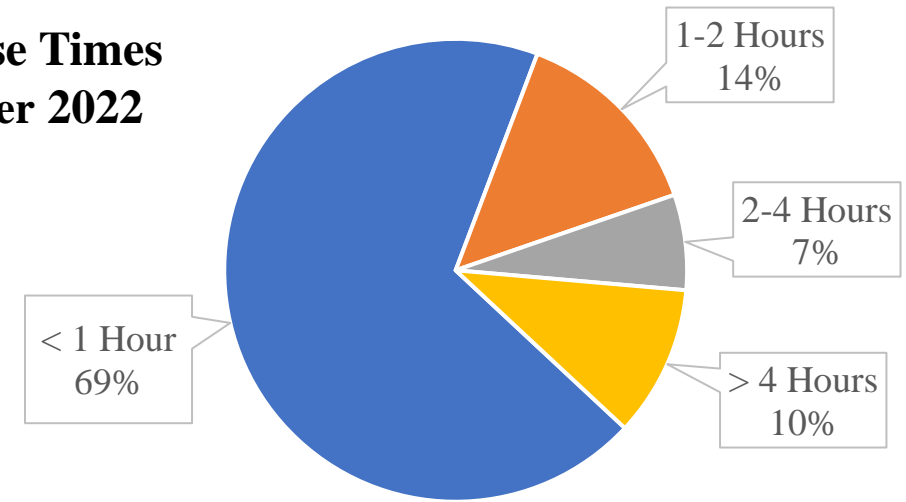
Crisis Service Snapshot: 2020-2022

Mobile Crisis Response Teams

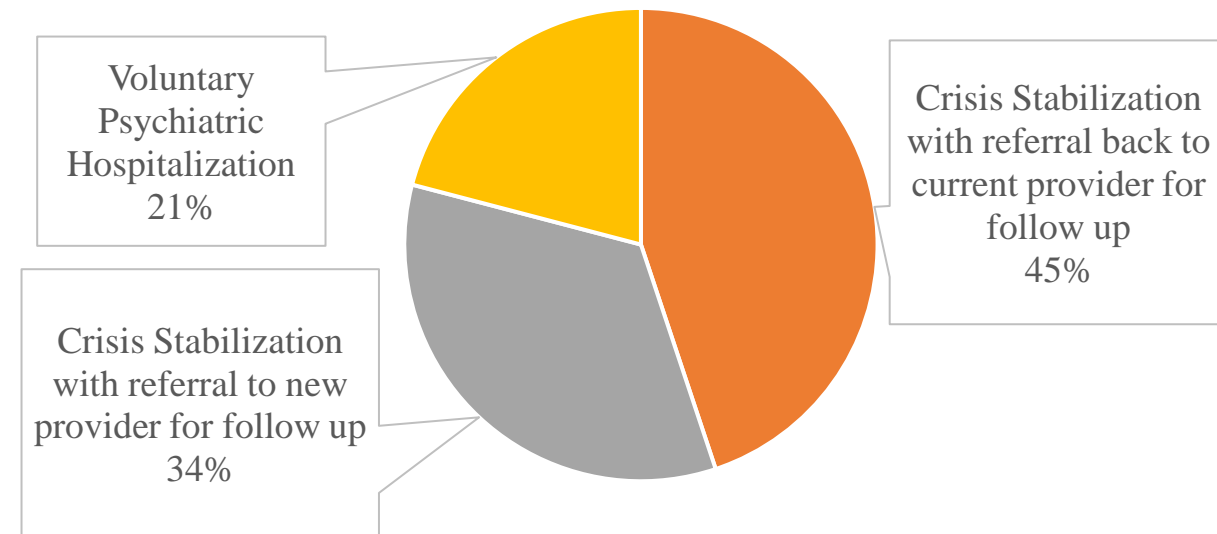
Mobile Crisis Response Teams (MCT)

- Mobile Crisis Response Teams provide community-based assessment, stabilization, triage and follow-up care for individuals and families in a behavioral health crisis.
- State contracts require MCT available 24/7 in each of the 8 public health districts.
- Total number of face-to-face contacts with MCTs in 2022: 9,210

MCT Response Times 2020-November 2022



Top 3 MCT Resolutions





Somewhere to Go

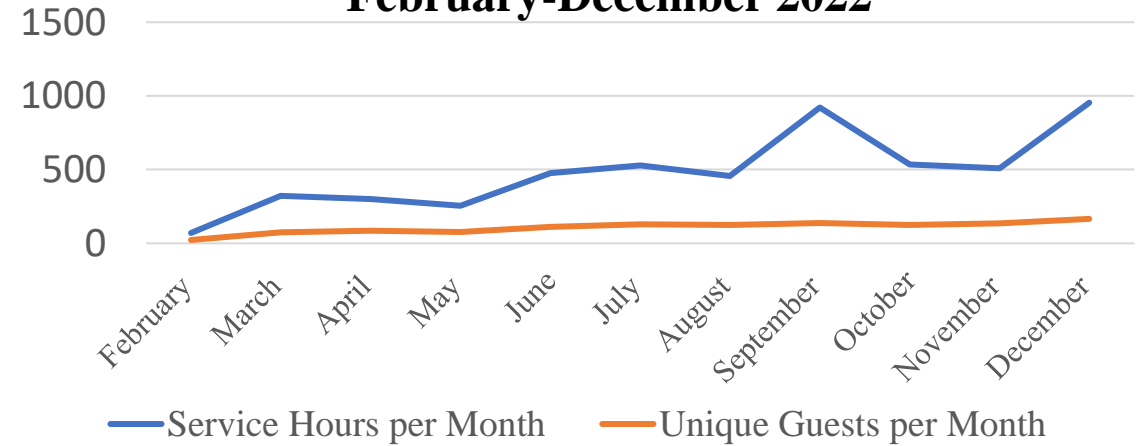
Crisis Service Snapshot: 2022

Cumberland County Crisis Receiving Center

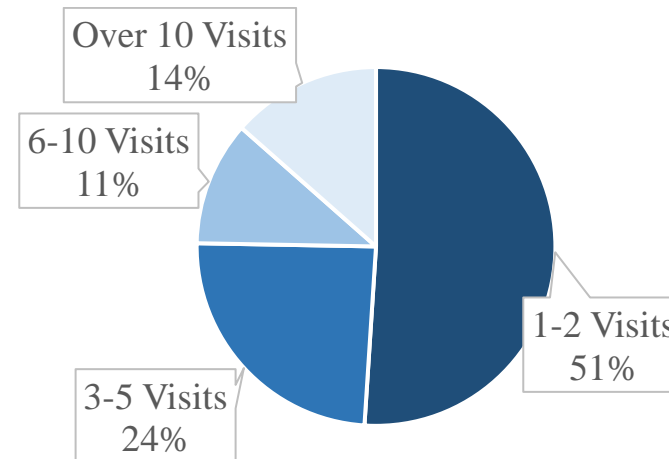
Cumberland County Receiving Center

- Provides 24/7 (goal) access to a warm, welcoming environment designed to provide short-term continuous crisis intervention, assessment, observation and treatment for those experiencing a behavioral health crisis
- Warm, welcoming, low-barrier walk in center with 8 private room
- Evidence informed model for Crisis Support that is a warm welcoming
- Services are delivered through a multidisciplinary team
 - Crisis intervention, de-escalation, counseling, psychiatric evaluation, case management, pharmacy, peer support, referral to services
- Primary users of the center are those between the ages of 26-55

Service Hours & Unique Clients per Month February-December 2022



Number of Visits Required to Resolve Crisis



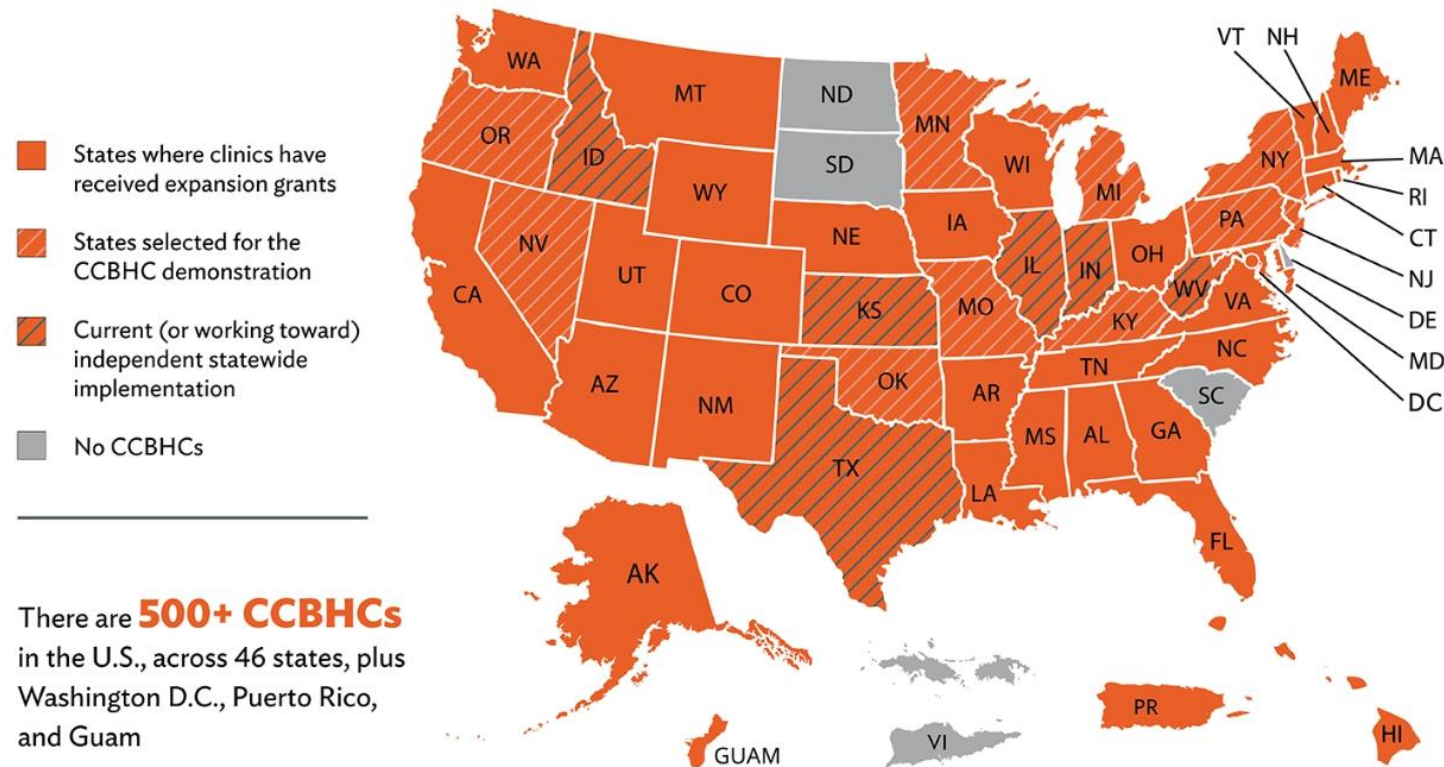
4. Priorities & Initiatives – Certified Community Behavioral Health Clinics

A Certified Community Behavioral Health Clinic (CCBHC) is an organization that provides co-occurring community behavioral healthcare that aims to improve service quality and accessibility.

CCBHCs offer:

- Coordinated mental health and substance use services across the lifespan regardless of diagnosis, ability to pay, or place of residence.
- Person- and family-centered services driven by the needs and preferences of clients and their families
- A range of evidence-based, trauma-informed services and supports to meet the needs of their communities
- Collaboration with other providers and health care systems to ensure coordination of care.

Status of Participation in the CCBHC Model



4. Priorities & Initiatives – The CCBHC Model

CCBHCs receive daily or monthly rates tied to quality measures to expand the scope of mental health & substance use services available in their communities.



Staffing



Availability & Accessibility of Services



Care Coordination



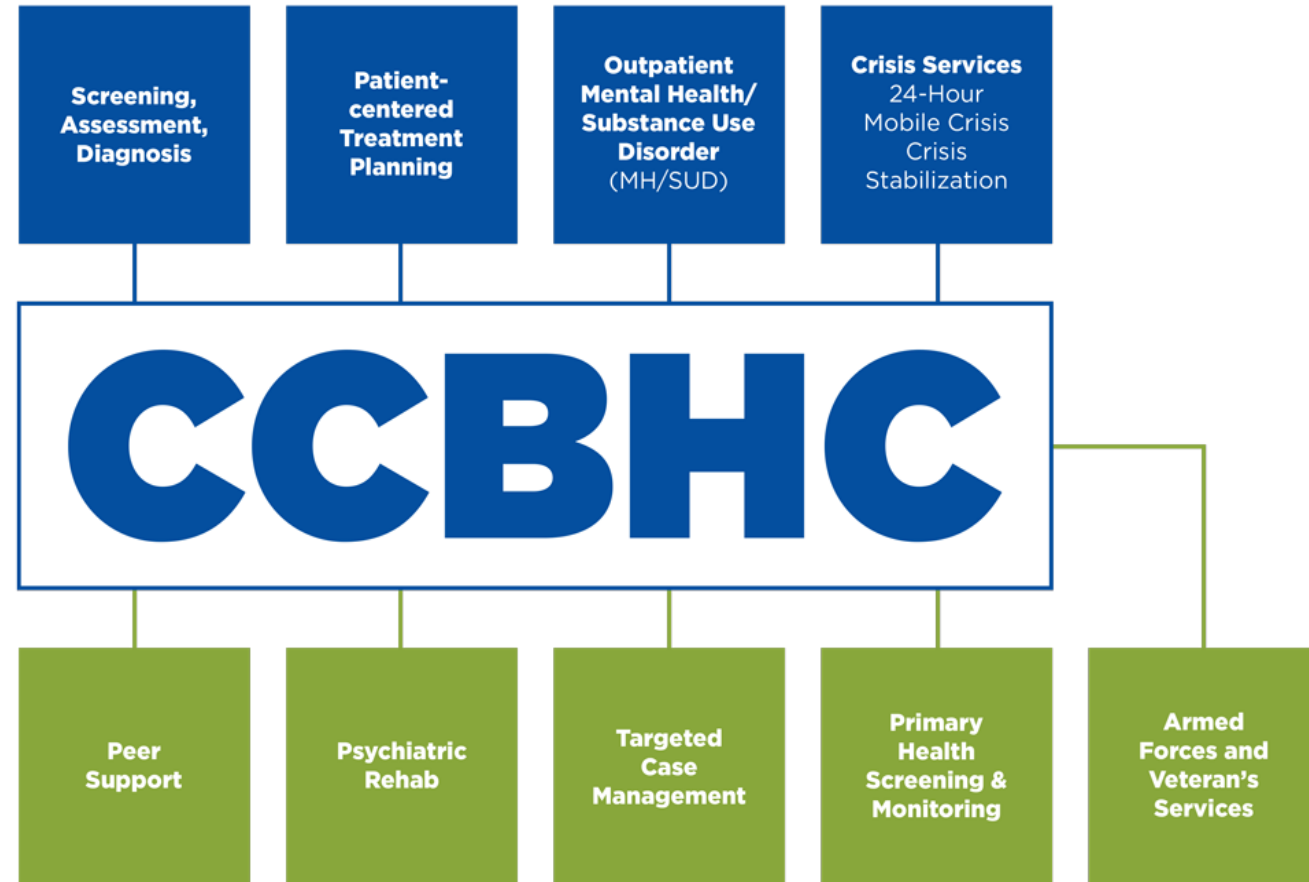
Scope of Services



Quality & Other Reporting



**Organizational Authority,
Accreditation & Governance**



4. Priorities & Initiatives – Certified Behavioral Health Clinics

CCBHCs offer:

- Coordinated mental health and substance use services across the lifespan regardless of diagnosis, ability to pay, or place of residence.
- Person- and family-centered services driven by the needs and preferences of clients and their families
- A range of evidence-based, trauma-informed services and supports to meet the needs of their communities
- Collaboration with other providers and health care systems to ensure coordination of care.

2023: Planning, Design, and Stakeholder Engagement

2024: Certify and Build Capacity

Beyond 2024: Expansion and Innovation

By July 2024, Maine DHHS aims to have a certification processes, reimbursement structure, and programmatic infrastructure to support an integrated behavioral health system designed to meet community needs, emphasize outcomes monitoring and accountability, and provide comprehensive coordinated care to any person regardless of diagnosis or ability to pay.

4. Priorities & Initiatives – SAMHSA CCBHC Grantees in ME

2020 Grantees

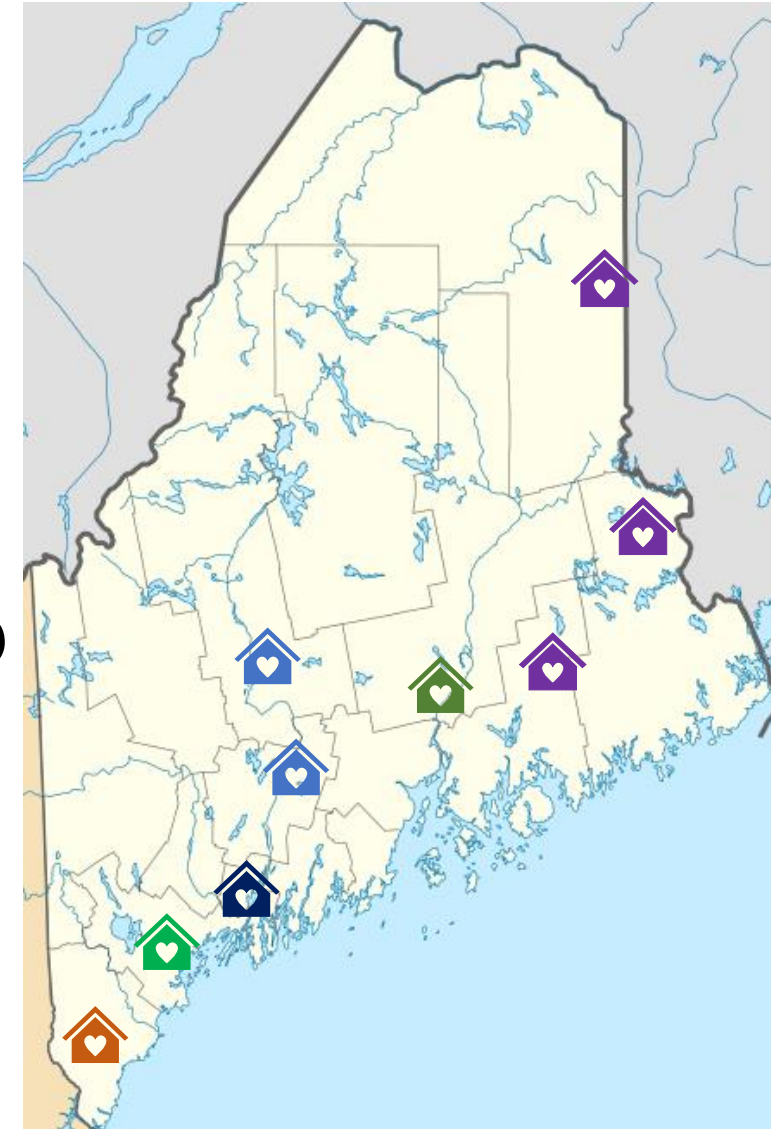
- 🏠 Community Health and Counseling Services (Bangor Area)
- 🏠 Sweetser (Brunswick Area)

2021 Grantees

- 🏠 Aroostook Mental Health Center (Aroostook, Washington, & Hancock Counties)
- 🏠 Kennebec Behavioral Health (Somerset & Kennebec Counties)
 - Crisis services in partnership with Crisis and Counseling

2022 Grantees

- 🏠 Maine Behavioral Healthcare (Sanford/Biddeford Area)
- 🏠 Spurwink (Cumberland County)



4. Priorities & Initiatives – StrengthenME



Stress management and resiliency resources to promote the health and well-being of all Mainers. Knowing there is no health without mental health, StrengthenME resources aim to inspire hope and resilience. Services are free, 100% anonymous, low-barrier, and community-focused.

- \$5.8M FMAP Section 9817 of the federal American Rescue Plan Act Funding
- Providing services to Mainers since 3/27/20 as part of COVID-19 response efforts
- **Goals:**
 - To provide accessible, “no wrong door” support and stress management resources to everyone in Maine
 - To reach communities disproportionately impacted by COVID-19 with culturally and linguistically appropriate behavioral health support
 - To ensure frontline workers have tools to manage extended periods of prolonged stress

Phone/Text Supports

Connects youth, people in behavioral health recovery, frontline workers, and those experiencing elevated stress from everyday life with trained and compassionate Mainers who are knowledgeable of available local resources.



Frontline Workforce Supports

Supports workers enduring heavy strain as a result of the pandemic and ongoing work-related stressors (healthcare workers, social services agencies, EMS, teachers, etc.).

Since 2021: 733 trainings facilitated, 181 Group Clinical Support Sessions, 49 Critical Incident Clinical Support Sessions (On-Site and Virtual), and 491 One-on-one Individual Support Sessions.



Psychosocial Supports

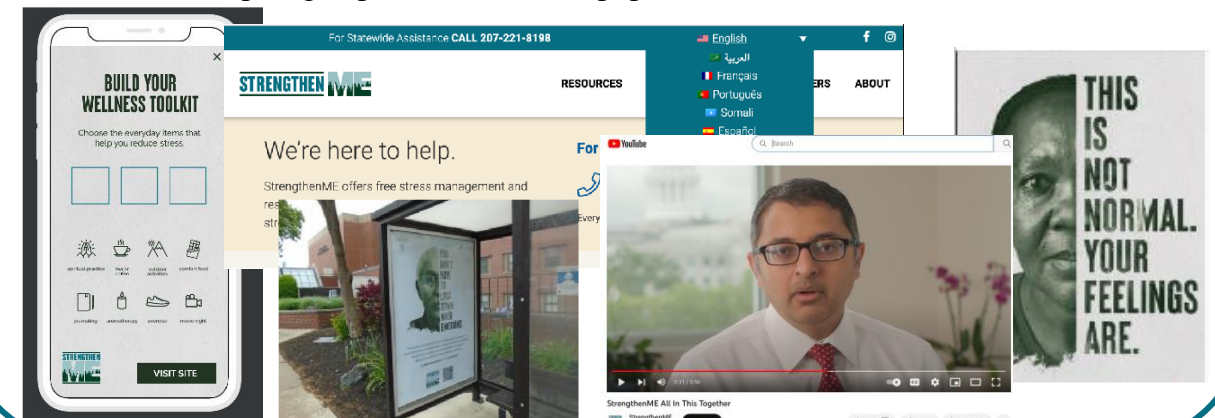
A coalition of ten community-based organizations that employ Community Health Workers (CHW) or other peer support specialists who provide direct outreach to and support for communities experiencing disproportionate Covid-19 impacts: Youth, Older Adults, Black, Indigenous, Latinx, and People of Color communities, Unhoused, Immigrants, Refugees, Asylees, and non-native English speakers.

From August 2020 through April 2022, 15,615 individual and family psychosocial support encounters were documented, and 11,000 individuals participated in an educational or group support session. 90%+ of encounters were facilitated in a language other than English.



Public Health Media Campaign

Refer the general public and target populations to free resources available and share messages prioritizing the behavioral health and well-being of all Mainers with the goals of inspiring hope, resilience, and population health and wellness.



5. Legislation Implementation Updates

LD 1262 – Developing a Comprehensive Statewide Strategic Plan to Serve Maine People with Behavioral Health Needs throughout Their Lifespans (Resolves 2021, Ch. 80)

- The Office of Behavioral Health (OBH) has been coordinating the Department’s response to LD 1262 since the summer of 2022, this included conducting multiple stakeholder session and making a survey available to solicit feedback from the public, there were 484 attendees. The report is expected to be delivered to the Legislature in early 2023.

LD 1080 – Updating the Rights of Recipient of Mental Health Services (Resolves 2021, Ch. 132)

- The Department of Health and Human Services (DHHS) is advancing work to update the Rights of Recipients of Mental Health Services and the Rights of Recipients of Mental Health Services Who Are Children in Need of Treatment. This work will include developing and promulgating rule changes and ensuring meaningful stakeholder engagement prior to the drafting of these rule changes. DHHS has provide an overview of its workplan to the Join Standing Committee on Health and Human services will provide a progress report every 6 months.

LD 1994 – Establishing the Progressive Treatment Fund Program (Public Law 2021, Ch. 745)

- LD 1994 established a non-lapsing account of \$160,000 to reimburse legal costs incurred by private entities to initiate a PTP. OBH developed a mechanism to facilitate reimbursement to providers through a multi-vendor agreement. A broad communication to was sent to providers in October of 2022. OBH is further working on providers outreach to providers support engagement and participation.

Questions?

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