

## Snow, Veronica

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**From:** Sage Moon <sagemoonapothecarymaine@gmail.com>  
**Sent:** Wednesday, April 3, 2019 5:13 PM  
**To:** HCIFS  
**Subject:** Testimony for LD 364

April 3, 2019

Subject: Testimony to Support LD 364  
“An Act to Establish the Right to Practice Complimentary and Alternative Health Care Act”

Dear Senator Sanborn, Representative Tepler, and Members of the Committee on Health Coverage, Insurance, and Financial Services;

My name is Jennifer May. I live in the village of Seal Harbor, in Hancock County, Maine. I own and operate Sage Moon Apothecary & Curiosities in Ellsworth Maine. I am also the founding director of Village Health & Wellness.

I am a community herbalist and a wellness care practitioner specializing in energetic bodywork. I have been studying Eastern and Western Herbal Medicine for over twenty years, have attended various schools and trainings in herbal medicine, homeopathy, aromatherapy, and energy healing. I hold professional certificates in Presence in Healing, Reiki, Herbal Medicine, and am also an ordained minister. I have attended the East West School of Herbalism, studied Homeopathy under nationally recognized homeopathic physician, David Little, and have apprenticed for 3 years in Presence in Healing, as well as have obtained other trainings and certifications in the healing arts.

I have maintained a private practice since 2010 in both Ellsworth and Northeast Harbor, providing wellness care to clients, primarily in the form of Presence in Healing. In 2015, I expanded my offerings to the community by opening Sage Moon Apothecary primarily as an online business. In June of 2018, I opened the first brick and mortar herbal apothecary and wellness space in the area. This has been incredibly well received by the community. There are five wellness providers that see clients in one of Sage Moon Apothecary's two therapy rooms in the modalities of massage, birth midwifery, energy healing, Ayurvedic therapies, Reiki, and herbal medicine. Sage Moon Apothecary now works with local naturopathic physicians and other wellness professionals to provide custom herbal creations formulated to suit their particular client's needs. I also receive many referrals from local allopathic physicians, who send their patients to consult with me about herbal care options. Over this past winter, Sage Moon Apothecary has had the pleasure of working with other professionals in the area and those from afar that travel to Sage Moon Apothecary and offer educational workshops and classes in the field of holistic wellness care.

My current field of research and speciality is that of providing herbal support options and information to those suffering from Lyme Disease and Lyme Co-infections. I am fairly well versed in this area, and continue to expand on my knowledge daily. Lyme disease a current epidemic in Maine and recovery works best when the allopathic fields and holistic fields can work together to provide optimal support for individuals. My work as an herbalist has a great deal to offer for those suffering from these conditions.

My work as a community herbalist not only provides options for individuals with regards to their wellness care choices, but also supports other practitioners and physicians who sometimes rely on such options and my

expertise in the field. My work also supports local farmers, growers, and foragers, as I try and obtain and use as many local ingredients as possible in my products.

In addition to Sage Moon Apothecary & Curiosities, I founded and maintain an organization called Village Health & Wellness. This is a network of professionals all working together to create healthier communities and to help bridge the gap between holistic and allopathic care, to work together to provide true wellness care. VHW is composed of about 60 health and wellness care professionals, both in the holistic and allopathic fields. Additionally, it has members in the field of the fine arts, and music - touching upon many areas that help promote greater health and well being. Village Health & Wellness has held approximately 15 wellness care clinics, where community members could come and obtain cost by donation wellness care, such as energy healing, herbal medicine, massage, acupuncture, chiropractic care, meditation, yoga, etc. for whatever they could afford to pay. We have also held two large health fairs in Northeast Harbor, at Mount Desert Elementary School, which helped to raise money for the school's Garden and Greenhouse project. In the summers of 2017 and 2018, Village Health & Wellness expanded their community offerings to include holistic care, arts, and music. We held a total of 5 Village Markets in Northeast Harbor, each raising money for a local non profit in need. Village Health & Wellness currently maintains an office space in Southwest Harbor utilized by several holistic practitioners serving the local community. In the past we also held an office at the Mount Desert Nursing Association in Northeast Harbor.

The passing of LD364 is essential to the work that I do and the support that I and many others provide as options to the communities. My goal is to continue to see the bridge between allopathic and holistic care, shorten, where we can work together to truly provide whole wellness care to members of our communities.

I respectfully urge you to support Maine's complimentary and alternative health care practitioners/health care consumers and vote in support of LD 364.

Thank you for your consideration and I am happy to answer any questions that you may have.

Sincerely,  
Jennifer May  
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