

In- Support LD 2002

Senator Rafferty, Representative Brennan, and honorable members of the Education & Cultural Affairs Committee.

I'm Justin Chenette, Sweetser's Senior Director of Public Relations & Advancement. I am here today to kick off our testimony in support of LD 2002 An Act to Provide Incentives to Schools that Contract for Certain Social Work and Family Therapy Services.

It's great to be back before this committee as a former member of the Maine State Board of Education and back before many of you who I served with as both a Senator and Representative for 8 years. Your public service and commitment to Maine's next generation does not go unnoticed.

I'd like to thank Speaker Rachel Talbot Ross for her leadership and interest in putting this idea forward. Our entire behavioral health community appreciates her passion for youth and for finding solutions to addressing mental health challenges Mainers of all ages face.

To set the scene:

- Maine teen suicide rates exceed the national rates with Maine students who seriously considered suicide increasing to 19%.
- 36% of Maine's high school students reported feeling sad or hopeless with nearly half of Maine teen girls reported feeling sad or hopeless.
- 14,000 Mainers ages 12–17 have depression.

To help meet this growing demand and need for preventative mental health services, Sweetser is meeting the moment at a great financial loss.

Sweetser provides treatment in over 25 school districts and in over 100 schools including elementary, middle, and high schools. Sweetser has approximately 80 school-based clinicians across the State of Maine and we served over 2,300 students last year in schools, from Kittery to Bangor. I attached a full list for you.

We are embedded on school campuses, working alongside the dedicated public education staff who are consistently being asked to do more with less. Mental health support takes a village and providers like us are one important part of that puzzle.

Every single year, this program loses money. Not many organizations would keep that afloat, but we do. It's where our heart is. But it's not sustainable without you. Without passing and funding this bill.

I don't want to see on the 6 o'clock news or on the front page of the paper, 100 Maine public schools no longer providing youth mental health treatment. That's not a faint possibility, it's an absolute reality if we don't find a path forward.

In summary this bill before you would allow the Department of Education to setup a grant-like incentive for schools to contract with a behavioral health provider to provide school based therapy services. This would reduce costs for schools, help financially stabilize the program for providers like us, and ensure students get the mental health support they and their families need. Behind me we have a number of speakers that will break down the problem we are trying to solve, why this program is so impactful, and the difference between the different types of school-based supports for addressing the mental health of Maine's next generation.

Appreciate you hearing this bill and this important topic and I hope over the course of this hearing you see value to preventing school-based therapy services from shutting down. That is what is at stake today and the decision before you with this bill. Thank you for your time and for your consideration.



Schools/Districts and Communities that Sweetser contracted directly with or areas Sweetser serves students & their families regardless of contract:

1) Kittery School District

- 2) Horace Mitchell Elementary School
- 3) Shapleigh Middle School
- 4) Traip Academy

5) MSAD 60 School (NO. Berwick, Noble, Lebanon)

- 6) Hanson School (Lebanon)
- 7) Lebanon Elementary School
- 8) Eric Knowlton
- 9) North Berwick Elementary School
- 10) Vivian Hussey
- 11) Noble Middle School
- 12) Noble High School

13) MSAD 35 School (So. Berwick, Eliot)

- 14) Central School (So. Berwick)
- 15) Eliot Elementary
- 16) Mary Hurd School
- 17) Great Works School
- 18) Marshwood Middle School
- 19) Marshwood High School

20) Sanford School Department

- 21) Carl J. Lamb School
- 22) Willard School
- 23) Sanford Pride Elementary
- 24) Margaret Chase Smith
- 25) Sanford Junior High
- 26) Sanford High School

27) MSAD55 Sacopee Valley (Hiram)

- 28) SV/Hiram Elementary School
- 29) SV/Hiram Middle School
- 30) SV/Hiram High School

31) Saco School Department

- 32) Fairfield School
- 33) Young School
- 34) CK Burns School
- 35) Saco Middle School
- 36) Thornton Academy Middle School
- 37) Thornton Academy

38) Dayton Consolidated School (District)

39) SAD 57

- 40) Waterboro Elementary School
- 41) Line Elementary School
- 42) Shapleigh Memorial School
- 43) Alfred Elementary School
- 44) Lyman Elementary School
- 45) Massabesic Junior High School
- 46) Massabesic High School

47) South Portland School District

- 48) Frank I. Brown Elementary School
- 49) Helena H. Dyer Elementary School
- 50) James O. Kaler Elementary School
- 51) Dr. Waldo T. Skillin Elementary School
- 52) Dora Small Elementary School
- 53) South Portland Middle School
- 54) South Portland High School

55) RSU14 (Windham, Raymond Schools)

- 56) Windham Primary School
- 57) Manchester School
- 58) Raymond Elementary School
- 59) Jordan Small Middle School

60) Brunswick School Department

- 61) Harriet Beecher Stowe Elementary School
- 62) Kate Furbish Elementary School
- 63) Brunswick Junior High
- 64) Brunswick High School

65) RSU1 School District (Bath, Woolwich, Phippsburg)

- 66) Woolwich Central School
- 67) Phippsburg Elementary School
- 68) Fisher Mitchell School
- 69) Dike Newell School
- 70) Bath Middle School
- 71) Morse High School

72) West Bath School District

73) MSAD75 (Topsham, Bowdoin, Bowdoinham, Harpswell)

- 74) Bowdoin Central School
- 75) Bowdoinham Community School
- 76) Harpswell Community School
- 77) Williams-Cone Elementary School
- 78) Woodside Elementary School
- 79) Mt. Ararat Middle School
- 80) Mt. Ararat High School

81) RSU16 School District (Mechanic Falls, Minot, Poland)

- 82) Elm Street School
- 83) Poland Community School
- 84) Bruce Whittier Middle School

85) RSU13 (Rockland, Thomaston. Cushing, Owls Head, Ash Point)

- 86) Cushing Community School
- 87) South School
- 88) Oceanside Middle School
- 89) Oceanside High School

90) RSU28 & Five Town CSD (Camden, Rockport, Appleton, Hope, Lincolnville)

- 91) Camden/Rockport Elementary School
- 92) Camden/Rockport Middle School
- 93) Camden/Rockport High School

94) RSU71 (Belfast, East Belfast, Searsmont, Morrill, Swanville)

95) Ames School (Searsomont)

96) Capt. Albert Stevens School (Belfast)	
97) East Belfast School	
98) Gladys	Weymouth School
	Kickerson School
100)	Troy Howard Middle School
101)	Belfast Area High School
102)	Belfast Community Outreach Program in Education (BCOPE)
102)	bonds community can carried in Education (20012)
103)	RSU20 Searsport
104)	Searsport Elementary School
105)	Searsport Middle School
106)	Searsport High School
100)	Scarsport riigii School
107)	RSU3 (Brooks, Freedom, Jackson, Knox, Liberty, Monroe, Montville, Thorndike,
107)	
• .	Unity, Waldo)
108)	Monroe Elementary School
109)	Morse Memorial Elementary School
110)	Mount View Elementary School
111)	Troy Elementary School
112)	Unity School
113)	Walker Elementary School
114)	Mount View Middle School
115)	Mount View High School
116)	Union76
117)	Brooklin Elementary School
118)	Sedgwick Elementary School
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119)	Union93
120)	Brooksville Elementary School
121)	Penobscot Elementary School
122)	Surry Elementary School
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123)	CSD13
124)	Deer Isle Stonington Elementary School
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125)	Private/Specialty Purpose Schools
126)	St. James School (K – 8) Biddeford
127)	All Saints School (K – 8) Bangor
121)	Ant Builts Believe (IX 0) Builgot
128)	Secondary Schools
129)	Southern Maine Community College (SMCC) South Portland
129)	Southern Waine Community Conege (Sivice) Bouth 1 ortified
130)	Districts see several clients in but are not formerly contracted with
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131)	York School Department
132)	Wells Ogunquit CSD
122\	Harring and Bassacon Communities
133)	Housing and Recovery Communities
134)	Bangor
135)	Brewer
136)	Old Town
137)	Bath
138)	McCauley Residence (Bangor)

Service Services